

PRIVACY POLICY FOR RBM RECOVERY AND THE REAL BODY MOVEMENT

At RBM Recovery and The Real Body Movement (referred to as "we," "our," or "us"), we are committed to protecting the privacy and security of the personal information of our users ("you" or "your"). This Privacy Policy explains how we collect, use, disclose, and safeguard your personal information when you access our website, services, or interact with us. Please read this Privacy Policy carefully to understand our practices regarding your personal information.

1. Personal Information

We may collect personal information that you voluntarily provide to us when you interact with our website or services. This may include your name, email address, postal address, phone number, date of birth, and any other information that you provide to us.

2. Use of Information

We may use the information we collect from you for various purposes, including:

- Providing and improving our services.
- Responding to your inquiries, requests, or comments.
- Communicating with you about updates, offers, promotions, or changes to our services.
- Analysing and understanding user needs and preferences to enhance our website and services.
- Detecting, preventing, and addressing technical issues or fraudulent activities.
- Complying with legal obligations or enforcing our policies.

3. Information Sharing and Disclosure

We do not sell, rent, or trade your personal information to third parties without your consent, except as described in this Privacy Policy.

We may share your personal information with trusted third-party service providers who assist us in operating our website, conducting our business, or providing services to you. These third-party service providers are obligated to keep your information confidential and secure and are only permitted to use your personal information as necessary to provide services to us.

We may also disclose your personal information to comply with applicable laws, regulations, legal processes, or governmental requests. We may also disclose your information to protect our rights, privacy, safety, or property, as well as that of our users or others.

4. Data Security

We implement reasonable security measures to protect your personal information against unauthorized access, alteration, disclosure, or destruction. However, no method of transmission over the internet or electronic storage is completely secure, and we cannot guarantee absolute security.

5. Third-Party Links

Our website may contain links to third-party websites or services that are not owned or controlled by us, such as our CRM. We are not responsible for the privacy practices or the content of such third-party websites or services. We encourage you to review the privacy policies of those third parties before providing any personal information.

6. Changes to this Privacy Policy

7. We may update this Privacy Policy from time to time to reflect changes in our practices. Updated versions of our privacy policy can be found on our website.